

Series: Pathway Through the Psalms

# BLESSED

## PSALMS 1:1-3

Text: Psalms 1:1

Introduction:

The word “blessed means to be happy or satisfied. The Blessed life in an intentional-on-purpose life.

There are some blessings we receive without cost to us:

- Salvation
- Grace
- Heaven

There are some blessings that we can receive because we make a decision to live right.

Living right is a choice that we make.

This is a psalm that speaks of such blessings.

Note:

# 1. THE BLESSED LIFE IS SEPARATED LIFE (VS. 1)

## ***Psalm 1:1***

*<sup>1</sup> Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.*

### A. Notice the People

- Separated from those who love sin

The “ungodly” are the people who delight in doing wrong.

- Separated from those with a lifestyle of sin

The “sinners” are people who habitually transgress the law.

Separated from those with a language of sin

The scornful are those who mock and attempt to derail God’s plan and purpose.

It’s interesting to see the downward progression in this verse:

Note:

Walk

Stand

Sit

This was the same path that Lot took that eventually led to his downfall. (Genesis 19)

The blessed believer will be the one who has separated from the sinfulness of sin and those who promote a sinful lifestyle.

Notice not only that the blessed life is a “Separated Life” but also:

## **2. THE BLESSED LIFE IS A SCRIPTURAL LIFE (VS. 2)**

### ***Psalm 1:2***

*<sup>2</sup> But his delight is in the law of the LORD; and in his law doth he meditate day and night.*

#### **A. The Word Has Captured His Full Affection**

Note the word “Delight”

This word means pleasure.

The blessed believer takes pleasure in the Word of God.

- He loves it
- He lives it

He finds in its pages all he needs to grow and prosper.

Note the value of the Word

It's Food

- Milk for the baby believer

**1 Peter 2:2**

*<sup>2</sup> As newborn babes, desire the sincere milk of the word, that ye may grow thereby:*

It gives the baby Christian everything he needs to grow up strong and healthy!

It needs to be prepared and served right however!

- Meat for the growing believer

### **Hebrews 5:12-14**

<sup>12</sup> *For when for the time ye ought to be teachers, ye have need that one teach you again which be the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat.* <sup>13</sup> *For every one that useth milk is unskilful in the word of righteousness: for he is a babe.* <sup>14</sup> *But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.*

It provides all we need to make us strong in the Lord!

Note only do we see the value in the milk and meat of God's word but also:

- Bread for everyone

### **John 6:51**

<sup>51</sup> *I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.*

Bread is the staple food of the world! No matter where you go, people need the Bread of life!

- Honey for those in need

**Psalm 19:9-10**

<sup>9</sup> *The fear of the LORD is clean, enduring for ever: the judgments of the LORD are true and righteous altogether.* <sup>10</sup> *More to be desired are they than gold, yea, than much fine gold: sweeter also than honey and the honeycomb.*

Note only do we see the value through the food of God's word but also:

It's Light

**Psalm 119:105**

<sup>105</sup> *Thy word is a lamp unto my feet, and a light unto my path.*

It's Truth

**John 17:17**

<sup>17</sup> *Sanctify them through thy truth: thy word is truth.*

It's a mirror

**James 1:23-25**

<sup>23</sup> *For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:*  
<sup>24</sup> *For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.*

<sup>25</sup> *But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.*

It's water

***Ephesians 5:25-27***

<sup>25</sup> *Husbands, love your wives, even as Christ also loved the church, and gave himself for it;* <sup>26</sup> *That he might sanctify and cleanse it with the washing of water by the word,* <sup>27</sup> *That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.*

It's a seed

***1 Peter 1:23***

<sup>23</sup> *Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.*

It's a sword

***Hebrews 4:12***

<sup>12</sup> *For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.*

### ***Ephesians 6:17***

*<sup>17</sup> And take the helmet of salvation, and the sword of the Spirit, which is the word of God:*

Much more could be said about the value of God's word but the blessed believer is one that takes pleasure in God's word.

Note not only is the Blessed life a "Separated Life" and a "Scriptural Life" but also:

## **3. THE BLESSED LIFE IS A SUCCESSFUL LIFE (VS. 3)**

### ***Psalm 1:3***

*<sup>3</sup> And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.*

The promises of this verse are conditional. When we live separated lives and feed our souls on God's Word, then we can expect these things to happen for us.

Note:

#### A. His Position

- "By the River"



Close to the life giving resources

This was meaningful to Israel with her mostly arid conditions.

Remember the murmuring of the children of Israel in their journey to the Promise Land. They murmured often over the lack of water.

The tree planted by the river is never dry and wilted, but is green, lush and lovely.

Illustration:

The believer who lives close to God will never be dry and wilted either. He will be vibrant, lively and productive.

The droughts of life and the dry seasons never seem to affect the believer who is planted near the river. He is connected to an unfailing source of life and strength.

Note not only his position but also:

#### B. His Prominence

- "A tree"

The life of the successful believer stands heads above all those around him. It is easily seen when a man draws from the Lord.

Men will know when you have been with Jesus.

**Acts 4:13**

*<sup>13</sup> Now when they saw the boldness of Peter and John, and perceived that they were unlearned and ignorant men, they marvelled; and they took knowledge of them, that they had been with Jesus.*

Note not only his position and his prominence but also:

C. His Permanence

- “Planted”

Unlike some plants, which live for a season and die out, this tree, has sunk its root deep and has a hidden source of life.

The word “planted” means “transplanted.”

A tree cannot transplant itself; neither can a man transplant himself into the Kingdom of God. It is wholly a work of God’s grace. And, He always plants us in good soil, near the water supply. However, after we are planted, it is our responsibility to draw from the resources, which God has provided.

Note not only his position, prominence, and his permanence but also:

D. Productivity

- “Brings Forth Fruit”

The successful believer is a blessing to all those around him, because his fruit is plentiful.

**John 7:38**

<sup>38</sup> *He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.*

I read the story of an old apple tree that stood in pasture field.

Man, horses, birds, and the insects all benefited from the fruit off this tree.

The truth is we may never know who is benefiting from our life.

Note not only his position, prominence, permanence and his productivity but also:

## E. Predictability

- “In His Season”

This tree isn't a freak. Just as there are seasons of fruit bearing, so there are times of rest and growth. As believers, we aren't to worry over the fruit. That is the Father's business! When everything else is as it should be, then the fruit will come in its season.

### **John 15:1-5**

<sup>1</sup> *I am the true vine, and my Father is the husbandman.*

<sup>2</sup> *Every branch in me that beareth not fruit he taketh away: and every branch that beareth fruit, he purgeth it, that it may bring forth more fruit.* <sup>3</sup> *Now ye are clean through the word which I have spoken unto you.*

<sup>4</sup> *Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.* <sup>5</sup> *I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.*

Note not only his position, prominence, permanence, productivity and his predictability but also:

## F. Perpetuity

- “His leaf also shall not wither”

The successful believer is like an evergreen. He is always surrounded by the green of life.

Illustration:

The hardwood trees in the winter time look dead, but evergreens stand out.

They are unaffected by winter or weather, but they are always the same.

Our lives should be lives of consistency! We are called on to be a stable, faithful and dependable people.

### **1 Corinthians 15:58**

<sup>58</sup> *Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.*

The successful believer is consistent.

Note not only his position, prominence, permanence, productivity, predictability, and his perpetuity but also:

## G. His Prosperity

- “Whatsoever he doeth shall prosper”

God will bless the successful believer. His personal life, his family life, his business life, his church life, his spiritual life will all be blessed of the Lord.

That isn't to say that there won't be stormy seas, but the successful believer will be able to sail them with the Lord until they are calm once again.

Close:

It is possible to live the happy, “blessed” life. Some of God's blessings flow from His grace and goodness, while others are the result of us making good choices.

Let's choose to live the blessed life by being separated, scriptural, and successful.