

Series: Pathway Through the Psalms

THE VOICE OF MY WEEPING

PSALMS 6

Text: Psalms 6:8

Psalm 6:8

⁸ *Depart from me, all ye workers of iniquity; for the LORD hath heard **the voice of my weeping.***

Introduction:

Crying is a part of the human experience. From the first tears cried from a newborn baby to the tears shed because of the deep sadness of the loss of a loved one we all know what it is like to shed a few tears.

In this psalm, David was overwhelmed by emotion and cried with the voice of weeping.

Note some in the Bible who cried:

- Hagar Cried Over Ishmael – Genesis 21:16

Genesis 21:16

¹⁶ *And she went, and sat her down over against him a good way off, as it were a bowshot: for she said, Let me not see the death of the child. And she sat over against him, **and lift up her voice, and wept.***

- Esau Wept When He Didn't Receive His Rightful Blessing – Genesis 27:38

Genesis 27:38

³⁸ *And Esau said unto his father, Hast thou but one blessing, my father? bless me, even me also, O my father. And Esau lifted up his voice, and wept.*

- Joseph Wept When His Brothers Came Seeking Food and He Is Reunited Again With His Family – Genesis 43:30, 45:2, 14, 46:29, 50:1

Genesis 43:30

³⁰ *And Joseph made haste; for his bowels did yearn upon his brother: and he sought where to weep; and he entered into his chamber, and wept there.*

Genesis 45:2

² *And he wept aloud: and the Egyptians and the house of Pharaoh heard.*

Genesis 45:14

¹⁴ *And he fell upon his brother Benjamin's neck, and wept; and Benjamin wept upon his neck.*

Genesis 46:29

²⁹ *And Joseph made ready his chariot, and went up to meet Israel his father, to Goshen, and presented himself unto him; and he fell on his neck, and wept on his neck a good while.*

Genesis 50:1

¹ *And Joseph fell upon his father's face, and wept upon him, and kissed him.*

- Baby Moses Wept When Pharaoh's Daughter Found Him – Exodus 2:6

Exodus 2:6

⁶ *And when she had opened it, she saw the child: and, behold, the babe wept. And she had compassion on him, and said, This is one of the Hebrews' children.*

- Nehemiah Wept When He Heard About the Condition of the Remnant That Had Escaped and the Walls and Gates That Had Been Destroyed – Nehemiah 1:4

Nehemiah 1:4

⁴ *And it came to pass, when I heard these words, that I sat down and wept, and mourned certain days, and fasted, and prayed before the God of heaven,*

- Peter Wept After He Denied the Lord – Mark 14:72

Mark 14:72

⁷² *And the second time the cock crew. And Peter called to mind the word that Jesus said unto him, Before the cock crow twice, thou shalt deny me thrice. And when he thought thereon, he wept.*

- The Lord Wept At the Tomb Of Lazarus – John 11:35

John 11:35

³⁵ *Jesus wept.*

- Those Who Die Lost Will weep and Gnash Their Teeth – Matthew 13:49-50

Matthew 13:49-50

⁴⁹ *So shall it be at the end of the world: the angels shall come forth, and sever the wicked from among the just,*
⁵⁰ *And shall cast them into the furnace of fire: there shall be wailing and gnashing of teeth.*

So as we have seen the Bible lets us know about several who shed tears.

There can be various reasons that we are brought to tears.

- The Loss of a Family Member or Friend
- Being Hurt By Someone
- When Life Doesn't Go or Turn Out Like We Expected

And the list could go on and on.

In the sixth Psalm David deals particularly with the judgments of God and the need of mercy. As strange as it may seem saints are still sinners.

It is possible for the Christian to be so utterly out of fellowship with God.

But as one enters the presence of God and is overwhelmed with a sense of His holiness he realizes there are things in his life so opposed to the holiness of God that it breaks him down in repentance before the Lord.

That is what we see in our text.

Not:

1. THE TRAVAIL OF HIS SOUL (VS. 1-5)

Psalm 6:1-5

¹ O LORD, rebuke me not in thine anger, neither chasten me in thy hot displeasure. ² Have mercy upon me, O LORD; for I am weak: O LORD, heal me; for my bones are vexed. ³ My soul is also sore vexed: but thou, O LORD, how long? ⁴ Return, O LORD, deliver my soul: oh save me for thy mercies' sake. ⁵ For in death there is no remembrance of thee: in the grave who shall give thee thanks?

Notice:

A. The Chastisement of David – “rebuke me not in thine anger, neither chasten me in thy hot displeasure.”

David feels the judgment of God against his soul.

The word “rebuke” means to stand in judgment or to be reproved.

We must be certain that sin come with a cost.

Galatians 6:7

⁷ Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

Numbers 32:23

*²³ But if ye will not do so, behold, ye have sinned against the LORD: **and be sure your sin will find you out.***

Whether we realize it or refuse to acknowledge it the greatest fear of the soul is the wrath of God.

Notice not only “The Chastisement of David” but also:

B. The Confession of David – “O, Lord I am weak, for my bones are vexed.” (vs. 2)

David was acknowledging that he was a broken man.

Instead of a warrior we see a weak man.

Remember that the mighty when they stand before God are weak and lowly.

His cry in his brokenness is for mercy.

Psalm 6:2

² ***Have mercy upon me, O LORD;*** *for I am weak: O LORD, heal me; for my bones are vexed.*

We too should plead for the mercy of God.

Notice not only “The Chastisement and Confession of David” but also:

C. The Concern of David – “my soul is also sore vexed; but thou, O Lord, how long? (vs. 3)

Psalm 6:3

³ *My soul is also sore vexed: but thou, O LORD, how long?*

David wonders how long this will go on.

Doesn't it seem that tragedies and travail slow time down?

David felt as though his trail would never end.

Notice not only “The Chastisement, Confession and Concern of David” but also:

D. The Cry of David – “return, O Lord, deliver my soul; oh save me for thy mercies’ sake. (vs. 4)

David couldn’t go on in the condition that he was in.

He desperately needed to again sense the presence of the Lord in his life.

Oh that we too would get to the place when we have drifted away from the Lord desire for His presence again.

Next to a person who is lost, the most miserable individual in the world is the individual who has walked close with the Lord but is being rebuked and chastened by the Lord.

We Note Not Only the Travail of His Soul but also:

2. THE TEARS OF HIS SORROW (VS. 6-8)

Psalm 6:6-8

⁶ I am weary with my groaning; all the night make I my bed to swim; I water my couch with my tears. ⁷ Mine eye is consumed because of grief; it waxeth old because of all mine enemies. ⁸ Depart from me, all ye workers of iniquity; for the LORD hath heard the voice of my weeping.

Notice:

A. The Weariness of His Cry – “I am weary with my groaning”

The word weary means to be exhausted and faint.

Nothing wearies the soul more than the vexing of the Lord.

Not only do we see “The weariness of His Cry” but also:

B. The Weeping of His Cry – “all night make I my bed to swim; I water my couch with tears.” (vs. 6)

David was in a constant state of weeping.

Whether it was on his bed during the night or on his couch during the day, David was weeping.

Have you ever been there?

Cry yourself to sleep.

Weep throughout the day.

David's emotions his enemies and his estrangement from God caused him to be overwhelmed with much weeping.

We Note Not Only the Travail of His Soul, and The Tears of His Sorrow but lastly:

3. THE TRUST IN HIS SAVIOUR (VS. 9-10)

Psalm 6:9-10

⁹ The LORD hath heard my supplication; the LORD will receive my prayer. ¹⁰ Let all mine enemies be ashamed and sore vexed: let them return and be ashamed suddenly.

Note:

A. The Lord's Response to David's Tears – "The Lord hath heard my supplication"

The Lord hears the prayers of those who are truly broken and sorrowful.

Note not only “The Response to David’s Tears” but also:

B. The Lord’s Reception of David’s Prayer

Psalm 6:9-10

⁹ *The LORD hath heard my supplication; **the LORD will receive my prayer.*** ¹⁰ *Let all mine enemies be ashamed and sore vexed: let them return and be ashamed suddenly.*

Not only did God hear David – He helped David.

Close:

At the beginning of the psalm David is weeping; at the end of the psalm David is rejoicing in the fact the God heard his prayer.

David concludes this psalm with a word to his enemies:

Psalm 6:10

¹⁰ *Let all mine enemies be ashamed and sore vexed: let them return and be ashamed suddenly.*

Those who had contributed to David’s weeping would too be broken and ashamed of their wickedness.

Depression and anxiety filled David’s life.

This psalm is just one example of how David expressed his fear to God.

What comfort there is in knowing that God sees our tears.

As believers we are headed to a place where God will wipe away all tears from our eyes and there will be no more death, sorrow nor crying, or pain.

Revelation 21:4

⁴ And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.