

I SOUGHT FOR THE LORD AND
HE HEARD ME AND DELIVERED
ME
PSALMS 34

Text: Psalms 34:4

Psalms 34:4

⁴I sought the LORD, and he heard me, and delivered me from all my fears.

Introduction:

1. DAVID'S PRAISE (VS. 1-10)

A. What David Resolved (1-3)

Psalms 34:1-3

¹I will bless the LORD at all times: his praise shall continually be in my mouth. ²My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. ³O magnify the LORD with me, and let us exalt his name together.

He resolved that he would praise the Lord no matter what happened to him.

B. What David Remembered (4-6)

Psalms 34:4-6

⁴ I sought the LORD, and he heard me, and delivered me from all my fears. ⁵ They looked unto him, and were lightened: and their faces were not ashamed. ⁶ This poor man cried, and the LORD heard him, and saved him out of all his troubles.

David's mind goes back over the ordeal in Gath when he first noticed the Philistines eying him and muttering this is the one who killed Goliath.

We read in 1 Samuel 21 that David was sore afraid of Achish the King of Gath.

1 Samuel 21:10-12

¹⁰ And David arose, and fled that day for fear of Saul, and went to Achish the king of Gath. ¹¹ And the servants of Achish said unto him, Is not this David the king of the land? did they not sing one to another of him in dances, saying, Saul hath slain his thousands, and David his ten thousands? ¹² And David laid up these words in his heart, and was sore afraid of Achish the king of Gath.

David remembered at this time he cried unto the Lord and the Lord heard him and delivered him out of of his troubles.

C. What David Realized (7-10)

Psalms 34:7-10

⁷ The angel of the LORD encampeth round about them that fear him, and delivereth them. ⁸ O taste and see that the LORD is good: blessed is the man that trusteth in him. ⁹ O fear the LORD, ye his saints: for there is no want to them that fear him. ¹⁰ The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing.

Looking back at the terrible experience David came to two wonderful truths.

1. God protects (7)
2. God provides (8-10)

2. DAVID'S PROCLAMATION (11-22)

A. The Summons (11)

Psalms 34:11

¹¹ Come, ye children, hearken unto me: I will teach you the fear of the LORD.

David gathers his men around him to teach them the fear of the Lord because they loved him and were loyal to him.

B. The Subject (12)

Psalms 34:12

¹² What man is he that desireth life, and loveth many days, that he may see good?

What man is there that doesn't want to live to old age, and have a good life. This was a subject that caught the attention to all of David's men.

C. The Sermon (13-20)

Psalms 34:13-20

¹³ Keep thy tongue from evil, and thy lips from speaking guile. ¹⁴ Depart from evil, and do good; seek peace, and pursue it. ¹⁵ The eyes of the LORD are upon the righteous, and his ears are open unto their cry. ¹⁶ The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth. ¹⁷ The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. ¹⁸ The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit. ¹⁹ Many are the afflictions of the righteous: but the LORD delivereth him out of them all. ²⁰ He keepeth all his bones: not one of them is broken.

David urges his men to:

1. Take heed to their words (13)
2. Take heed to their walk (14)

3. Take heed to their works (15-16)

Psalms 34:15-16

¹⁵ The eyes of the LORD are upon the righteous, and his ears are open unto their cry. ¹⁶ The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth.

Close:

He closes by teaching them from his example.

Psalms 34:17-20

¹⁷ The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. ¹⁸ The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit. ¹⁹ Many are the afflictions of the righteous: but the LORD delivereth him out of them all. ²⁰ He keepeth all his bones: not one of them is broken.

He knew that the Lord heard his cry and delivered him from his troubles and that he would do the same for them.

He knew that the Lord is nigh unto them that have a broken heart.

He knew that the righteous will experience many afflictions, but the Lord will deliver.

He concludes with this thought.

Psalms 34:21-22

²¹ Evil shall slay the wicked: and they that hate the righteous shall be desolate. ²² The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.