Series: Pathway Through the Psalms

IN GOD I HAVE PUT MY TRUST PSALMS 56

Text: Psalms 56:4

Psalm 56:4

In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

Introduction:

1. THE DAILY TRIALS (VS. 1-2)

Psalm 56:1-2

¹ Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresseth me. ² Mine enemies would daily swallow me up: for they be many that fight against me, O thou most High.

Note:

A. The Enemy Wants to Devour (vs. 1a)

Psalm 56:1

Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresseth me. The word swallow means to lay hold of and destroy with anger or hatred.

David literally felt like his enemy was pursuing him as a wild beast.

The Bible speaks about another enemy in 1 Peterand his desire to devour us.

1 Peter 5:8

⁸ Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

If the enemy doesn't devour us:

B. The Enemy Will Try to Discourage (vs. 1b)

Psalm 56:1

¹ Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresseth me.

The word oppresseth means to press and to distress.

Not only did David feel as though he was being pursued and attacked physically, he also felt the emotional pressure of the pursuit of the enemy.

There are times in our lives when we are not only pursued physically, but also emotionally.

Note not only did the enemy want to devour and discourage but also:

C. The Enemy Wants to Defeat (vs. 2)

Psalm 56:2

² Mine enemies would daily swallow me up: for they be many that fight against me, O thou most High.

The word fight appears twice in these two verses.

David was in a struggle and this struggle was a daily struggle.

We too are in a daily struggle with the enemy, and that is why we need to trust and depend on the Lord moment by moment.

Illustration: Song Moment By Moment

Dying with Jesus, by death reckoned mine; Living with Jesus, a new life divine; Looking to Jesus till glory doth shine, Moment by moment, O Lord, I am Thine.

Refrain:

Moment by moment I'm kept in His love; Moment by moment I've life from above; Looking to Jesus till glory doth shine; Moment by moment, O Lord, I am Thine. Never a trial that He is not there, Never a burden that He doth not bear, Never a sorrow that He doth not share, Moment by moment, I'm under His care.

Refrain:

Moment by moment I'm kept in His love; Moment by moment I've life from above; Looking to Jesus till glory doth shine; Moment by moment, O Lord, I am Thine.

Never a heartache, and never a groan, Never a teardrop, and never a moan; Never a danger but there on the throne, Moment by moment He thinks of His own.

Refrain:

Moment by moment I'm kept in His love; Moment by moment I've life from above; Looking to Jesus till glory doth shine; Moment by moment, O Lord, I am Thine.

Never a weakness that He doth not feel, Never a sickness that He cannot heal; Moment by moment, in woe or in weal, Jesus my Savior abides with me still.

Refrain:

Moment by moment I'm kept in His love;

Moment by moment I've life from above; Looking to Jesus till glory doth shine; Moment by moment, O Lord, I am Thine.

We note not only The Daily Trials but also:

2. THE DETERMINED TRUST (VS. 3)

Psalm 56:3

³ <mark>What time I am afraid</mark>, I will trust in thee.

A. The Fear Factor (vs. 3a)

The word afraid means to be terrified emotionally and intellectually.

This statement made by David, the great warrior king, reminds us that there are time in all of our lives when even the strongest of believers face fear.

Note not only the fear factor but:

B. The Faith Factor (vs. 3b)

Psalm 56:3

³ What time I am afraid, <u>I will trust in thee</u>.

In spite of the fear David resolved to trust in the Lord.

The word trust used here means to attach one's self to another or to rely on someone stronger.

Remember: Faith will subside when faith is strong.

The truth is all of us at times will face fear, but we must have faith in God.

We have considered The Daily Trials and The Determined Trust, note lastly:

3. THE DIVINE TRUTH (VS. 4)

A. His Word Gives Us Certainty (vs. 4a)

Psalm 56:4

⁴ In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

David offers praise and honor for the Word of God in his life.

Remember:

Faith coming by hearing and hearing by the word of God.

This is the reason could trust in the Lord during those fearful moments – he had the Word of God, and was certain that the Word of God was true.

Not only does the Word of God give us certainty but also:

B. His Word Gives Us Calm (vs. 4b)

Psalm 56:4

⁴ In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

In spite of the constant threat of the enemy, David chose to trust in the Lord.

The enemy was still pursuing him, and the problems were still surrounding him, yet David was able to cling to the promises of God.

In spite of the awful fight, David discovered that God was able to comfort and calm his fears.

Close:

God gives us the word of God so that we may be able to stand against the wiles of the Devil.

We are to fight the good fight of faith equipped with the armor of God and the Sword of the spirit.

Sing the song Moment By Moment (pg. 280)