

Series: Pathway Through the Psalms

# LET EVERYTHING THAT HATH BREATH PRAISE THE LORD PSALMS 150

Text: Psalms 150:6

## ***Psalm 150:6***

*<sup>6</sup> Let every thing that hath breath praise the LORD.  
Praise ye the LORD.*

Introduction:

There were two farmers, one an optimist, the other a pessimist. The optimist would exclaim, "Wonderful sunshine!" The pessimist would respond, "I think it's going to scorch the crops." The optimist would say, "Fine rain!" The pessimist would come back with, "I'm afraid it may turn into a flood."

One day the optimist said to the pessimist, "Have you seen my new bird dog? He's really something!" The pessimist said, "You mean that mutt penned up behind your house? He don't look like much to me." The optimist said, "Let's go hunting."

So they went out and shot some ducks. The ducks landed on the pond. The optimist ordered his dog to get the ducks. The dog obediently responded. But

instead of swimming after the ducks, the dog walked on top of the water, retrieved the ducks, and walked back on top of the water!

The optimist was beaming as he said to the pessimist, "Now, what do you think of that?" The pessimist replied, "Can't swim, can he?"

Have you ever been around someone like that--a gloomy, negative person who always sees the dark side of things?

The biblical solution to the problem of pessimism and negative thinking is to be God-centered in our thinking.

To be God-centered does not mean that we deny problems or put on rose-colored glasses.

But it does mean that we view problems from God's perspective. And as we focus on God in every situation, we will become people characterized by praise. Praise is the solution to pessimism!

As you come to the end of the Psalms, God does not want you to miss the priority of praise. Each of the last five psalms (146-150) begins and ends with the Hebrew word, "Hallelujah!"

In this chapter we are given the Where, Why, How, and the Who of praise.

Notice:

Sermon Content:

## **1. WHO TO PRAISE (VS. 1)**

### ***Psalm 150:1***

*<sup>1</sup> Praise ye the LORD. Praise God in his sanctuary:  
praise him in the firmament of his power.*

This may seem to be a given but today many praise many things or people.

But it is clear in this passage that we are to Praise the Lord.

We also see in the verse where we are to praise.

The sanctuary refers to the place of worship – which today is the church.

In the psalmist day it was that was the temple in Jerusalem.

The firmament refers to the heavens.

In other words we are to praise God everywhere.

If we want praise to characterize our lives, the psalmist also would have us understand...

## 2. WHY TO PRAISE (VS. 2)

### ***Psalm 150:2***

*<sup>2</sup> Praise him for his mighty acts: praise him according to his excellent greatness.*

#### A. We Should Praise Him for His Mighty Acts

Think your way through the Psalms and you will be reminded of some of the great things God has done.

- In Psalm 139 we read how he formed us in the womb.
- In Psalms 22 we read how the Saviour suffered for our sins.
- In Psalms 23 we read how the Saviour takes care of His sheep.
- In Psalm 32 we read about the forgiveness of sin.
- In Psalms 57 we read how that God is sufficient in a time of trial.
- In Psalms 71 we read of God's grace for old age.
- In Psalms 119 we read of God's word that He has given to us to guide us.

We are to praise Him for His mighty acts or deeds.

Note also:

B. We Should Praise God for His Excellent  
Greatness

Apart from His many mighty deeds, God is worthy of praise simply for who He is. He is perfect, lacking in nothing.

If we would be people of praise, we must understand the Who of praise--that is God and the Where of praise – in all of heaven and earth.

We must understand the why of praise – God is to be praised for His mighty acts and His perfect attributes.

But also, we must understand...

### **3. HOW OF PRAISE (VS. 3-5)**

***Psalm 150:3-5***

*<sup>3</sup> Praise him with the sound of the trumpet: praise him with the psaltery and harp. <sup>4</sup> Praise him with the timbrel and dance: praise him with stringed instruments and organs. <sup>5</sup> Praise him upon the loud cymbals: praise him upon the high sounding cymbals.*

As you look at these verses each of these instruments are played with different parts of the body.

In other words we are to praise the Lord with our whole being.

But the psalmist would not only have us understand the *Who*, *where*, the *why*, and the *how* of praise.

He also wants us to grasp...

## **4. WHO IS TO PRAISE (VS. 6)**

### ***Psalm 150:6***

*<sup>6</sup> Let every thing that hath breath praise the LORD.  
Praise ye the LORD.*

The only qualification for praising God is that you breathe.

If you are breathing, praising God is not an option; it is your responsibility.

Close:

The message of the psalms, and especially of Psalms 150, is that God's people should be caught up with praising Him.

Consider these questions as we close:

Am I praising or pessimistic.

Am I praising the Lord as He deserves.

Close: