

Series: Standing on the Promises

# THE LORD UPHOLDETH HIM

## PSALMS 37

Text: Psalms 37:24

### ***Psalm 37:24***

*<sup>24</sup> Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand.*

Introduction:

We have in these verse a contrast between the righteous or good and the wicked.

In these verses we also see promises that are conditional promises.

I want to share some thoughts on these promises given to the good or righteous individual.

Notice:

## **1. HIS DESCRIPTION - GOOD MAN**

### ***Psalm 37:23***

*<sup>23</sup> The steps of a good man are ordered by the LORD: and he delighteth in his way.*

There are several things that contribute to this individual being known as a righteous or good individual.

Note:

A. His Discovery (Ps 37:1-2)

**Psalm 37:1-2**

*<sup>1</sup> Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. <sup>2</sup> For they shall soon be cut down like the grass, and wither as the green herb.*

B. His Desires (vs 4)

**Psalm 37:4**

*<sup>4</sup> Delight thyself also in the LORD; and he shall give thee the desires of thine heart.*

C. His Dependence (5-6)

**Psalm 37:5-6**

*<sup>5</sup> Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. <sup>6</sup> And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.*

We notice not only his Description but also:

## 2. HIS DIRECTION (23) - THE STEPS

### **Psalm 37:23**

*<sup>23</sup> The steps of a good man are ordered by the LORD: and he delighteth in his way.*

A. Walk - Ordered by the Lord

### **Psalm 31:23-24**

*<sup>23</sup> O love the LORD, all ye his saints: for the LORD preserveth the faithful, and plentifully rewardeth the proud doer. <sup>24</sup> Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD.*

B. Wants

### **Psalm 37:25**

*<sup>25</sup> I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.*

C. Work

### **Psalm 37:26-27**

*<sup>26</sup> He is ever merciful, and lendeth; and his seed is blessed. <sup>27</sup> Depart from evil, and do good; and dwell for evermore.*

Note not only his description and direction but also:

### **3. HIS DELIGHT (23) - DELIGHT IN HIS WAY**

#### **Psalm 37:23**

*<sup>23</sup> The steps of a good man are ordered by the LORD: and he delighteth in his way.*

#### A. Way (23)

#### **Psalm 18:30**

*<sup>30</sup> As for God, his way is perfect: the word of the LORD is tried: he is a buckler to all those that trust in him.*

#### B. Word

#### **Psalm 121:1**

*<sup>1</sup> I will lift up mine eyes unto the hills, from whence cometh my help.*

#### **Psalm 1:1-2**

*<sup>1</sup> Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. <sup>2</sup> But his delight is in the law of the LORD; and in his law doth he meditate day and night.*

#### C. Will

#### **Psalm 40:8**

*<sup>8</sup> I delight to do thy will, O my God: yea, thy law is within my heart.*

Note not only his description, direction and desire but also:

## **4. HIS DESTINY OR PROMISES**

### A. His Protection (33)

#### ***Psalm 37:32-33***

*<sup>32</sup> The wicked watcheth the righteous, and seeketh to slay him. <sup>33</sup> The LORD will not leave him in his hand, nor condemn him when he is judged.*

### B. His Promotion (34)

#### ***Psalm 37:34***

*<sup>34</sup> Wait on the LORD, and keep his way, and he shall exalt thee to inherit the land: when the wicked are cut off, thou shalt see it.*

### C. His Peace (37)

#### ***Psalm 37:37***

*<sup>37</sup> Mark the perfect man, and behold the upright: for the end of that man is peace.*

### D. His Power (39)

#### ***Psalm 37:39***

*<sup>39</sup> But the salvation of the righteous is of the LORD: he is their strength in the time of trouble.*

Close:

We read to departing words of a good man in the book of Acts.

**Acts 20:16-38**

*<sup>16</sup> For Paul had determined to sail by Ephesus, because he would not spend the time in Asia: for he hasted, if it were possible for him, to be at Jerusalem the day of Pentecost. <sup>17</sup> And from Miletus he sent to Ephesus, and called the elders of the church. <sup>18</sup> And when they were come to him, he said unto them, Ye know, from the first day that I came into Asia, after what manner I have been with you at all seasons, <sup>19</sup> Serving the Lord with all humility of mind, and with many tears, and temptations, which befell me by the lying in wait of the Jews: <sup>20</sup> And how I kept back nothing that was profitable unto you, but have shewed you, and have taught you publickly, and from house to house, <sup>21</sup> Testifying both to the Jews, and also to the Greeks, repentance toward God, and faith toward our Lord Jesus Christ. <sup>22</sup> And now, behold, I go bound in the spirit unto Jerusalem, not knowing the things that shall befall me there: <sup>23</sup> Save that the Holy Ghost witnesseth in every city, saying that bonds and afflictions abide me. <sup>24</sup> But none of these things move me, neither count I my life dear unto myself, so that I might finish my course with joy, and the ministry, which I have received of the Lord Jesus, to testify the gospel of the grace of God. <sup>25</sup> And now, behold, I know that ye all, among whom I*

have gone preaching the kingdom of God, shall see my face no more. <sup>26</sup> Wherefore I take you to record this day, that I am pure from the blood of all men. <sup>27</sup> For I have not shunned to declare unto you all the counsel of God. <sup>28</sup> Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood. <sup>29</sup> For I know this, that after my departing shall grievous wolves enter in among you, not sparing the flock. <sup>30</sup> Also of your own selves shall men arise, speaking perverse things, to draw away disciples after them. <sup>31</sup> Therefore watch, and remember, that by the space of three years I ceased not to warn every one night and day with tears. <sup>32</sup> And now, brethren, I commend you to God, and to the word of his grace, which is able to build you up, and to give you an inheritance among all them which are sanctified. <sup>33</sup> I have coveted no man's silver, or gold, or apparel. <sup>34</sup> Yea, ye yourselves know, that these hands have ministered unto my necessities, and to them that were with me. <sup>35</sup> I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive. <sup>36</sup> And when he had thus spoken, he kneeled down, and prayed with them all. <sup>37</sup> And they all wept sore, and fell on Paul's neck, and kissed him, <sup>38</sup> Sorrowing most of all for the words which he spake, that they should see his face no more. And they accompanied him unto the ship.

We too need to do these things that the Bible says  
make a good man so that we can enjoy the promises of  
God.