

Series: Pathway Through the Psalms

A NEW SONG IN MY MOUTH

(PT. 2)

PSALMS 40

Text: Psalms 40

Introduction:

Last week we began to look at this passage.

In these verses David rejoices in the goodness of the Lord and His provision for his life.

We all have reason to rejoice in the Lord. He has blessed us all abundantly and beyond measure. As a quick reminder I would like to refresh our memories on what we discussed last week.

First of all we considered:

- Our Patience – “I waited patiently for the Lord” (vs. 1)
- Our Petition – “and He inclined unto me, and heard my cry” (vs. 1)
- Our Position – “He brought me up also out of an horrible pit (vs. 2)

- Our Pardon – “set my feet upon a rock” (vs. 2)

This evening we continue by considering our:

1. OUR PROGRESSION (VS. 2)

Psalm 40:2

*² He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and **established my goings.***

David declares that God had established his goings. Prior to the Lord’s help, man’s way always leads to despair and destruction. I believe that David knew the Lord prior to this particular need, but his physical dilemma presents a great spiritual truth.

David found himself in a place that was anything but desirable. God came to him, lifted him out of the pit, and established his goings. That has the idea of “making firm or stable; to fix or fashion; to direct and prepare.”

Consider where each of us was prior to meeting the Lord. We were bound in the pit of sin. We had no strength or power to redeem ourselves. God in mercy came to where we were and lifted us out. He pulled us from the grip of sin, cleansed us of our iniquity, and established our goings! He placed us upon the Rock,

allowing us a firm foundation, and even continues to direct and prepare our way!

Note:

Psalm 18:36

³⁶ *Thou hast enlarged my steps under me, that my feet did not slip.*

Psalm 37:23

²³ *The steps of a good man are ordered by the LORD: and he delighteth in his way.*

We should be glad the God is leading and directing our paths.

Note not only our progression but:

2. OUR PRAISE (VS. 3)

Psalm 40:3

³ **And he hath put a new song in my mouth, even praise unto our God:** *many shall see it, and fear, and shall trust in the LORD.*

Consider where David was when the Lord came to him. He was on the run from those who sought his life. He found himself in a situation that was impossible to escape and when it seemed that all hope was gone, God met his need.

Surely David had a song to sing.

We too, of all people, ought to have a song to sing.

The Lord has done so much for us. We have every reason to praise Him! Let's look at this praise a bit more in depth.

Notice first of all:

A. The Origin of this Praise

Psalm 40:3

³ ***And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.***

I find this very interesting and encouraging as well. He hath put a new song in my mouth. David had every reason to praise the Lord for all that he had received, but it was God who placed that song within his heart.

God had blessed David abundantly, and then He provided a song of rejoicing for those blessings.

All that we possess and have to offer Him, including our praise, originates in God! We can give Him nothing that He hasn't first given us.

Not only do we note the origin of this praise but also:

B. The Object of this Praise

Psalm 40:3

³ *And he hath put a new song in my mouth, **even praise unto our God**: many shall see it, and fear, and shall trust in the LORD.*

David was thankful for one thing and that was the Lord.

He knew that his situation was hopeless until the Lord rescued him. He would've still been bound in the pit had God not delivered Him. God alone was worthy of David's praise. He alone had met his need.

That is something that we need to be reminded of in our day. I don't think that we offer praise to others intentionally, but often we will make more of the abilities of men and what they have done for us than we do the goodness and blessings of God.

He must be the focus and object of our praise.

May we be careful to ensure that our praise is offered to the Creator rather than the creature that God created!

We note not only the Origin and Object of this praise but also:

C. The Oasis of this Praise

When David offered praise unto the Lord, he no longer is focused on the pit or the problems.

His praise had lifted him above the cares and difficulties of life.

Praise unto the Lord offered an oasis, a resting place, from the despair that he faced.

It is possible to praise your way out of a valley. I am not talking about praising the abilities of the flesh, but praising the Lord in such a way that life's cares vanish and we are caught up in the goodness and glory of God!

We have considered Our Progression and Praise but note lastly:

3. OUR PURPOSE (VS. 3)

Psalm 40:3

³ And he hath put a new song in my mouth, *even* praise unto our God: many shall see *it*, and fear, and shall trust in the LORD.

The praise of David had a profound impact on those who heard it. He had faced great difficulty, of which others were aware, and his praise to God made a

difference in their lives. We need to be reminded of our obligation to praise and magnify the Lord. That is why we are here, to testify of Him.

That is our purpose in life, to exalt the Savior.

Consider our purpose in praise:

A. It Is Clear or Visible – many shall see it

David was surrounded by those who witnessed his worship of the Lord after he was delivered. They saw David recognize the Lord and praise Him.

Remember:

We don't live in a bubble. Our lives impact others. The world sees the lives we live and they hear the testimonies that we present.

The Christian has no greater witness to the world than when we rejoice in times of adversity. That proclaims to the world our faith and confidence in the Lord we serve!

Not only is praise to be Clear or Visible but:

B. It is Convicting many shall see it, **and fear**

David's praise brought enlightenment and conviction to the hearts of those around him. His praise caused them to search their own hearts and see where they stood with God. The obedient praise of the Lord caused others to have a reverent fear of the holy God.

If we are to expect others to live for the Lord and look to Him, then we as His children must set the example. We must be willing to submit to Him and offer our praise even when we are in a trial or valley. Often the lives of people are the best witness to the world. Many would never pick up the Bible and read a portion of Scripture, but they do watch the lives of those around them. We have a wonderful opportunity to witness for the Lord simply by offering Him our praise and living submitted to His will.

David's praise caused others to trust in the Lord. Maybe he encouraged those who already knew the Lord to lean upon Him in times of need. Maybe there were those who had not yet recognized Him as Lord and placed their trust in Him due to David's praise. Whatever the case, David's praise was valuable in that it pointed others to the Lord and they trusted in Him.

Close:

We cannot underestimate the value of a life lived for the Lord and praise that is offered unto Him. I want to do all that I can, in whatever capacity I can, to point others for Christ.

Living for the Lord and praising Him is not without benefit. Someone here may be going through a situation similar to yours and find encouragement in your praise.

A friend or loved one may not know the Lord but are pointed toward Him by your obedience and worship. We just need to be consistent with our praise and our commitment to living for Christ!

These verses are of truths for all believers. We have been given much in the Lord. We have an obligation to offer Him the praise that He is due and seek to be a blessing and help to those around us.