

Series: Pathway Through the Psalms

# THE LORD OF HOST IS WITH US

## PSALMS 46

Text: Psalms 46:7

### ***Psalm 46:7***

*<sup>7</sup> The LORD of hosts is with us; the God of Jacob is our refuge. Selah.*

Introduction:

We like to think that we can count on certain things and people to always be the same, but the reality is life is always changing.

During the times of instability, insecurity, and indifference, we can count on God.

We can count on:

# 1. THE COMFORT OF HIS PRESENCE (VS. 1-3)

## **Psalm 46:1-3**

<sup>1</sup> *God is our refuge and strength, a very present help in trouble.* <sup>2</sup> *Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;* <sup>3</sup> *Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.*

Note:

A. The Truth of His Presence (vs. 1a)

## **Psalm 46:1**

<sup>1</sup> ***God is our refuge and strength***, a very present help in trouble.

“God is our refuge and strength”

This was a reference to the cities of refuge.

These cities were designed to aid and protect refugees on the run.

The problem is there were sometimes the refugee could not get to the city.

The truth is that when we cannot get to the place of refuge – God is our refuge.

### B. The Trouble Outside of His Presence (1b)

#### **Psalm 46:1**

<sup>1</sup> *God is our refuge and strength, **a very present help in trouble.***

### C. The Trust within His Presence (2-3)

#### **Psalm 46:2-3**

<sup>2</sup> ***Therefore will not we fear,*** *though the earth be removed, and though the mountains be carried into the midst of the sea;* <sup>3</sup> *Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.*

Not only can we count on the Comfort of His Presence but we can also count on:

## **2. THE CONTROL OF HIS POWER (VS. 4-9)**

#### **Psalm 46:4-9**

<sup>4</sup> *There is a river, the streams whereof shall make glad the city of God, the holy place of the tabernacles of the most High.* <sup>5</sup> *God is in the midst of her; she shall not be moved: God shall help her, and that right early.* <sup>6</sup> *The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.* <sup>7</sup> *The LORD of hosts is with*

*us; the God of Jacob is our refuge. Selah. <sup>8</sup> Come, behold the works of the LORD, what desolations he hath made in the earth. <sup>9</sup> He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.*

Note:

- A. Glory is Stable
- B. God is Sovereign
- C. The Guilty are Surrendered

Not only can we count on the Comfort of His Presence and the Control of His Power but we can also count on:

### **3. THE CALM OF HIS PEACE (VS. 10-11)**

#### ***Psalm 46:10-11***

<sup>10</sup> *Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.*

<sup>11</sup> *The LORD of hosts is with us; the God of Jacob is our refuge. Selah.*

Note:

A. The Great Release

B. The Great Realization

Close: