

TAKE MY YOKE UPON YOU

MATTHEW 11:28-30

Text: Matthew 11:28

Matthew 11:29

²⁹ Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

Introduction:

We are a weary people because we rush from one activity to the other. We work long hours and fill our calendars with too many obligations. The fact that we need rest makes this invitation from Jesus so very appealing.

While people run here and there trying to find peace, Jesus says, so simply and so calmly, “Come unto Me, and I will give you rest.” There is a place of rest; a place of quietness; a place of peace and His name is Jesus.

He invites you to come to Him to find the rest your soul seeks. People are looking, running, seeking, struggling, striving, fighting, loving, rushing, searching all in an effort to find what only Jesus Christ can give.

In these verses, through a series of commands, Jesus invites you and me to enter that place of spiritual rest. Let's examine His invitation.

1. THE CALL TO SALVATION (VS. 28)

Matthew 11:28

²⁸ Come unto me, all *ye* that labour and are heavy laden, and I will give you rest.

A. The Plea He Delivers

Salvation is coming to Jesus! It is not coming to a church, a creed, a man, a denomination, an altar, a baptistery, a new way of living, etc. Salvation is coming to Jesus.

1 John 5:12

¹² He that hath the Son hath life; *and* he that hath not the Son of God hath not life.

Acts 4:12

¹² Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.

John 14:6

⁶ Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

Acts 16:31

³¹ And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.

He invites “All” to come to Him.

John 6:37

³⁷ All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out.

Isaiah 1:18

¹⁸ Come now, and let us reason together, saith the LORD: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.

Isaiah 42:3

³ A bruised reed shall he not break, and the smoking flax shall he not quench: he shall bring forth judgment unto truth.

Hebrews 7:25

²⁵ Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them.

B. The People He Describes

He is referring to those He has been dealing with in this chapter. Some are struggling under the burden of doubt, the yoke of religious legalism, and the bondage of sin. He wants them to all to know they can have rest.

C. The Promise He Delivers – rest

2. THE COMMAND TO SURRENDER (VS. 29A)

Matthew 11:29

²⁹ Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

Salvation always precedes surrender

A. We Must Surrender to a Person

The Lord wants us to surrender to His control in our lives. He desires that we bow to His authority.

B. We Must Surrender to a Partnership

The Lord is saying, “*Get in the yoke with me.*” He is not calling us to walk alone; He is calling us to walk with Him. He knows that we cannot live this life on our own. He goes with us and enables us to live for Him as we yield to His control in our lives.

3. THE CHALLENGE TO SERVE (VS. 29B-30)

Matthew 11:29-30

²⁹ Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. ³⁰ For my yoke *is* easy, and my burden is light.

A. Our Pattern of Service – meek and lowly

While we are not saved by our works we are clearly saved to work.

Ephesians 2:10

¹⁰For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

James 2:18

¹⁸Yea, a man may say, Thou hast faith, and I have works: shew me thy faith without thy works, and I will shew thee my faith by my works.

Titus 2:14

¹⁴Who gave himself for us, that he might redeem us from all iniquity, and purify unto himself a peculiar people, zealous of good works.

B. Our Peace in Service – rest

When we trust Jesus by faith, we are given rest; when we serve Him faithfully, we find rest.

The fullness of peace and rest are found under the burden of His yoke.

C. Our Promise in Service – easy and light

His burden is “*light*”. As we put our shoulder to the path He has chosen for us, there will be burdens along the way. But, we will find that His yoke brings peace, joy, satisfaction and fulfillment and that every difficulty in life is turned to our good by His grace.

Romans 8:28

²⁸ And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

2 Corinthians 4:17

¹⁷ For our light affliction, which is but for a moment, worketh for us a far more exceeding *and* eternal weight of glory;

Romans 8:18

¹⁸ For I reckon that the sufferings of this present time *are* not worthy *to be compared* with the glory which shall be revealed in us.

Close:

There is rest for those who come to Him.