

Series: Pathway Through then Psalms

THE BELIEVERS STATEMENT OF FAITH PSALMS 116

Text:

Introduction:

This Psalm could rightfully be called David's Doxology, because in it David offers up praise to God.

Truly we have much to praise God for and if we are honest we don't praise Him like He deserves.

Notice with me:

1. HIS REFRAIN (VS. 1)

Psalm 116:1

¹ *I love the LORD, because he hath heard my voice and my supplications.*

A. This statement, "*I love the LORD!*" is a chorus of joy. For a redeemed sinner to be able to make that declaration is a blessed thing.

B. Do you love the Lord?

C. We prove our love for the Lord by our obedience to the Lord.

John 14:15

¹⁵ If ye love me, keep my commandments.

We note not only his refrain but also:

2. HIS REASONS (VS. 1B-8)

Psalm 116:1-8

¹ I love the LORD, because he hath heard my voice and my supplications. ² Because he hath inclined his ear unto me, therefore will I call upon him as long as I live. ³ The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow. ⁴ Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul. ⁵ Gracious is the LORD, and righteous; yea, our God is merciful. ⁶ The LORD preserveth the simple: I was brought low, and he helped me. ⁷ Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee. ⁸ For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling.

Note the reasons the Psalmist listed for praising the Lord:

A. God Listened (vs. 1-2) – “He hath heard my voice”

What a blessing it is to know that God hears and answers prayer.

Jeremiah 33:3

³ Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.

Psalm 40:1

¹ I waited patiently for the LORD; and he inclined unto me, and heard my cry.

Not only did God listen but also:

B. God Lifted (vs. 3-7)

Psalm 116:3-7

³ The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow.

⁴ Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul. ⁵ Gracious is the LORD, and righteous; yea, our God is merciful. ⁶ The LORD preserveth the simple: I was brought low, and he helped me. ⁷ Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee.

Every person goes through times of depression and distress.

God specializes in lifting the fallen and strengthening the weak.

2 Corinthians 12:7-10

⁷ And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to buffet me, lest I should be exalted above measure. ⁸ For this thing I besought the Lord thrice, that it might depart from me. ⁹ And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. ¹⁰ Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

Notice also the Psalmist praised God because:

C. God Liberated (vs. 8)

Psalm 116:8

⁸ For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling.

Notice what God has done for the believer!

- He Has Been Liberated From His Sentence - Salvation and eternal life! Saved from Hell and the power of sin!

- He Has Been Liberated From His Sorrow -
Replaced his sorrow with joy.

1 Peter 1:8

⁸ Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory:

Trials will come, but they will be attended with His help.

Notice also:

He Has Been Liberated Stumbling – We have been given a firm foundation.

Psalm 40:1-2

¹ I waited patiently for the LORD; and he inclined unto me, and heard my cry. ² He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.

David praised God because God listened, lifted, and liberated him.

Note lastly:

3. HIS RESOLVE (VS. 9-19)

Psalm 116:9-19

⁹ I will walk before the LORD in the land of the living.

¹⁰ I believed, therefore have I spoken: I was greatly afflicted: ¹¹ I said in my haste, All men are liars. ¹² What shall I render unto the LORD for all his benefits toward me? ¹³ I will take the cup of salvation, and call upon the name of the LORD. ¹⁴ I will pay my vows unto the LORD now in the presence of all his people. ¹⁵ Precious in the sight of the LORD is the death of his saints. ¹⁶ O LORD, truly I am thy servant; I am thy servant, and the son of thine handmaid: thou hast loosed my bonds. ¹⁷ I will offer to thee the sacrifice of thanksgiving, and will call upon the name of the LORD. ¹⁸ I will pay my vows unto the LORD now in the presence of all his people, ¹⁹ In the courts of the LORD'S house, in the midst of thee, O Jerusalem. Praise ye the LORD.

Verse 12 poses a good question! How could we ever begin to repay Him for all He has given to us?

Notice the psalmist resolve:

A. Practice (vs. 9)

The Psalmist promises to live right.

He also resolves to:

B. Pray (vs. 13)

Psalm 116:13

¹³ I will take the cup of salvation, ***and call upon the name of the LORD.***

He also resolves to:

C. Perform (vs. 14)

Psalm 116:14

¹⁴ *I will pay my vows unto the LORD now in the presence of all his people.*

The Psalmist promises to carry out his promises before the Lord. Good intentions will not suffice, we need to follow through!

D. Praise (vs. 17)

Psalm 116:17

¹⁷ *I will offer to thee the sacrifice of thanksgiving, and will call upon the name of the LORD.*

The Psalmist promises to praise God!

He was praising:

- Because of His Promises

- Because of His Privileges
- Because of His Power

Close:

Are we praising the Lord for what He has done in our lives?