

Series: Pathway Through the Psalms

# THE JOURNEY OF LIFE WITH THE LORD PSALMS 121:1-8

Text:

Introduction:

Life is a Journey.

Every journey has a beginning and an ending.

Our life's journey began the day we were conceived and will end when our life is over.

Every journey has a starting point.

Our journeys starting point was the place of our birth.

Every journey has an ending point.

Our journeys ending point will be at eternities starting point.

Though life's journeys may take us to different places the end will only end in one of two places, which must be determined before our arrival.

In our text we can find help for our life's journey which comes from the Lord who can help like no one else can.

Notice:

## **1. OUR HELP AND ITS SOURCE**

### ***Psalm 121:2***

*<sup>2</sup> My help cometh from the LORD, which made heaven and earth.*

The Psalmist knew that his help would not come from the hills. Ill. In the day this was written, the hills were places of idolatry and false religion.

This Psalmist knew that he will not find help in that which is false!

None of the idols of the heathen can offer the help he needs.

The Psalmist refused to look to the gods of false religion for help, because they were unable to help.

### ***Psalm 115:1-8***

*<sup>1</sup> Not unto us, O LORD, not unto us, but unto thy name give glory, for thy mercy, and for thy truth's sake. <sup>2</sup>*

*Wherefore should the heathen say, Where is now their God? <sup>3</sup> But our God is in the heavens: he hath done whatsoever he hath pleased. <sup>4</sup> Their idols are silver and*

*gold, the work of men's hands. <sup>5</sup> They have mouths, but they speak not: eyes have they, but they see not: <sup>6</sup> They have ears, but they hear not: noses have they, but they smell not: <sup>7</sup> They have hands, but they handle not: feet have they, but they walk not: neither speak they through their throat. <sup>8</sup> They that make them are like unto them; so is every one that trusteth in them.*

What a truth! Our helper is none other than the very One who stood on the edge of nothing and made everything with the Word of His power. He is able to help you and me.

### ***Ephesians 3:20***

*<sup>20</sup> Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,*

Note not only the “Our Help and Its Source” but also:

## **2. OUR HELP AND ITS SCOPE (VS. 3-4)**

### ***Psalm 121:3-4***

*<sup>3</sup> He will not suffer thy foot to be moved: he that keepeth thee will not slumber. <sup>4</sup> Behold, he that keepeth Israel shall neither slumber nor sleep.*

Note:

## A. He Helps Those Who Slip (vs. 3)

This verse tells us that the Lord will not allow our foot to “move” or slip.

God knows how easy it is for us to slip into sin and into discouragement.

We must remember that He is ever with us and has promised to sustain us with his presence and His power.

### **Hebrews 13:5**

*<sup>5</sup> Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.*

### **Matthew 28:20**

*<sup>20</sup> Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.*

### **Romans 8:31**

*<sup>31</sup> What shall we then say to these things? If God be for us, who can be against us?*

### **Hebrews 7:25**

*<sup>25</sup> Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them.*

What this means to us is that we can count on the Lord to help us along the way.

B. He Helps Those Who Are Struggling (vs. 5-6)

***Psalm 121:5-6***

*<sup>5</sup> The LORD is thy keeper: the LORD is thy shade upon thy right hand. <sup>6</sup> The sun shall not smite thee by day, nor the moon by night.*

We never know from where our attacks will come.

Sometimes, we find ourselves attacked in areas where we are weak.

Our enemy knows all about our weaknesses.

Other times, we may find that we are attacked in areas where we are the strongest.

- Elijah is renowned for his courage, yet he fled from the woman Jezebel
- Moses' great strength was his meekness, yet in anger he smote the rock and was forbidden to enter the promised land
- Abraham's greatest strength was his faith in the Lord, yet he went into Egypt in pure unbelief

The whole point is this, we will be attacked, and we never know where the attack will come from, but it never catches God off guard!

He is always ready to shield us and to protect us from our enemies!

**1 John 4:4**

*<sup>4</sup> Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.*

Note not only the “Our Help and Its Source and Scope” but also:

### **3. OUR HELP AND ITS STRENGTH (VS. 7-8)**

**Psalm 121:7-8**

*<sup>7</sup> The LORD shall preserve thee from all evil: he shall preserve thy soul. <sup>8</sup> The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.*

We are told that the Lord will preserve us from all evil.

This refers to both the evil that exists within us and the evil that surrounds us. Let's consider these two sources of evil.

- Our flesh is evil!

The flesh is not redeemed and it is much like a volcano. At any moment, the sin that is pent up in us can burst forth and commit any sin imaginable! This flesh which we carry around is utterly depraved.

***Romans 7:18***

*<sup>18</sup> For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not.*

Have you noticed how easy it is to sin? It requires no effort at all.

Why?

- We are born with a bent in that direction
- We like it
- We are good at it

The Lord will help us overcome the inward evil in this life if we want that victory.

Notice this promise from Jude 1:24

### **Jude 1:24**

*<sup>24</sup> Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory with exceeding joy,*

- There is also evil that comes against us from without

It comes to us in the form of satanic attack. There is a very real devil who wants you to fail.

### **1 Peter 5:8**

*<sup>8</sup> Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:*

Thankfully, there is help from the Lord that will enable to stand against the devil and all his attacks.

### **Ephesians 6:10-13**

*<sup>10</sup> Finally, my brethren, be strong in the Lord, and in the power of his might. <sup>11</sup> Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. <sup>12</sup> For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. <sup>13</sup> Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.*



Note not only the “Our Help and Its Source, Scope and Strength” but I want to close with this final thought and that is:

## **4. OUR HELP AND SALVATION**

### ***Psalm 3:8***

*<sup>8</sup> Salvation belongeth unto the LORD: thy blessing is upon thy people. Selah.*

### ***Psalm 27:1***

*<sup>1</sup> The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid?*

As I began this message I spoke of this journey having an ending point.

Our journeys ending point will be in eternity.

Though life’s journeys may take us to different places the end will only end in one of two places, which must be determined before our arrival.

The Bible tells us that today is the day of salvation.

Because we are sinners we are separated from God, and the only way of being reconciled back to God is through His Son.

**John 14:6**

*<sup>6</sup> Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.*

If we are going to be reconciled back to God we must repent of our sins and by faith accept the payment that Christ provided for our sins wage.

**Romans 3:23**

*<sup>23</sup> For all have sinned, and come short of the glory of God;*

**Romans 6:23**

*<sup>23</sup> For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.*

**Romans 10:9-10**

*<sup>9</sup> That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. <sup>10</sup> For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.*

**Romans 10:13**

*<sup>13</sup> For whosoever shall call upon the name of the Lord shall be saved.*

Our only hope and help is found in the Lord.

