

GIRT ABOUT WITH TRUTH

EPHESIANS 6:14

Text: Ephesians 6:14

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¹⁴ *Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;*

Introduction:

In Romans 13:12 Paul tells us to put on the armor of light.

Romans 13:12

¹² *The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the armour of light.*

Ephesians 6, he lists complete armor for us. He begins with the Belt of Truth.

This is the first thing that a Christian must concern himself with if he/she is going to stand therefore – TRUTH.

What is the belt of truth and what does Paul mean when he says that we are to have our loins girt about with truth?

Note:

1. THE IDENTIFICATION OF THE BELT

It is obvious that Paul is using figurative language.

Paul traces an analogy between the Roman Armor and what the Christian needs in waging his battle against the hosts of darkness.

Paul is calling on the Christian to live, act, and fight in complete conformity to all that God's Word requires of him.

He is instructing us to be consistent with our claim to have received the Word of God.

Quote:

Show me a Christian soldier who daily seeks to bring their life under the authority of God's truth and I will show you a Christian who has on the belt of truth. It is because they have the message of God's truth in their heart that they can begin to live a life according to the truth of God.

Note not only "The Identification of the Belt" but also:

2. THE IMPORTANCE OF THE BELT

Writing concerning the importance of the Roman soldier's belt, captain P.N. Corry states:

This part of the Roman arms was absolutely vital to the Roman soldier because on it almost every other part of his armor depended for its security and usefulness. The leather casing for his loins was kept firm by it, and from it hung his sword, his dagger, and all other hand weapons.

J.H. Jowett adds:

Loose armor was troublesome and disturbing, making the soldier feel soft, and awkward, and unready, giving him a sense of going to pieces.

The belt bound everything together giving the soldier a sense of togetherness, making him feel secure, and able to meet the enemy's attack with confidence.

Notice this belt will:

- A. Brings Stability
 - To our study (mind)
 - To our speech

- To our sensibility (temperament)

B. Brings Satisfaction

Psalm 119:93

⁹³ *I will never forget thy precepts: for with them thou hast quickened me.*

Notice not only “The Identification of and the Importance of the Belt” but also:

3. THE ILLUSTRATORS OF SOME WHO WORE THE BELT

A. Examples of those who wore the belt correctly:

- Joseph in Potifer’s House
- Daniel in Nebuchadnezzar’s Palace
- John the Baptist at Herod’s Party
- Stephen at His Stoning

Examples of those who let the belt become loose or removed

- Jacob in Tricking Esau
- Samson Spending Time With Delilah
- David With Bathsheba

Close:

To wear the belt of truth is to walk in the path of God's Word, without deviation to the right or the left.

We are to take God's word, believe God's, and Walk therein.

